



Honors in the Major:

Kinesiology and Recreation

Athletic Training; Exercise Science; Physical Education; Recreation and Park Administration

Students in the Honors Program can choose to pursue various designations to earn upon graduation, including *Honors in the Major*. By completing *Honors in the Major*, students will:

- engage in an enriched and extended learning experience;
- develop as scholars and gain an edge over their peers by choosing a rigorous preparation in their field of study;
- be recognized in the Commencement Book, transcript, and on the diploma.

Students earn this designation at graduation; requirements, including being in good standing with the Honors Program, are reviewed at the end of the final semester:

1. 3.3 cumulative GPA
2. 3.5 major GPA
3. Fulfill Honors Program participation requirements: 1 Honors Learning Experience per semester in the program, including the final semester (students are not required to complete an Honors Learning Experience when they are off-campus)
4. Complete 2 Honors Learning Experiences in KNR, specifically:
 - a. Honors Section: KNR 295 Honors Seminar
 - b. 1 of the following:
 - Honors Contract in a KNR course at the 200 level or above
 - Honors Undergraduate Research (HON 285/286) with a KNR faculty member
 - Honors Independent Study (KNR 299)
5. Complete an Honors Capstone Experience, which may include one of the following:
 - Honors Undergraduate Research (HON 285/286) with a KNR faculty member
 - Honors Independent Study (KNR 299)
 - Honors Thesis (HON 395)